

KNOW YOUR RIGHTS in a DATING RELATIONSHIP

I have the right to:

- ▶ Not be abused physically, emotionally or sexually
- ▶ "Fall out of love" with someone and live with no threats
- ▶ Express my own opinions
- ▶ Make my needs as important to me as my partner's needs
- ▶ Grow as an individual in my own way and not be criticized for it
- ▶ Accept responsibility for my own behavior and not one else's
- ▶ Change my mind
- ▶ Have friends of my own
- ▶ Say "no"
- ▶ Be respected, loved and live a peaceful life

NEW JERSEY DEPARTMENT OF
COMMUNITY AFFAIRS



James E. McGreevey
Governor



Susan Bass Levin
Commissioner

KNOW YOUR RESPONSIBILITIES in a **DATING** RELATIONSHIP

It is my responsibility to:

- ▶ Not inflict physical, emotional, verbal or sexual abuse on my partner
- ▶ Only blame myself if I am abusive
- ▶ Not use alcohol or drugs as an excuse for abusive behavior
- ▶ Treat other people the same way I want to be treated
- ▶ Not take responsibility for my partner's actions
- ▶ Get counseling if I am being abusive
- ▶ Recognize and accept my own needs and honor them
- ▶ Understand the relationship is only one part of my total life
- ▶ Take responsibility for my own life

NJ Department of Community Affairs
Division on Women
Office on the Prevention of Violence
Against Women
101 South Broad Street, PO Box 801
Trenton, NJ 08625-0801
(609) 292-8840 ■ www.nj.gov/dca/dow